For Change Cafe Middle Park

Breakfast

Sourdough Fruit To Served with house pro- (Toast also available: multigrain sourdough	reserve white	s sourdough,	\$8.5	
Warm Croissant vgo Served with house pr	reserve	S	\$8.5	
Apple & Rhubarb Po Spiced oats with poa apple compote, oat o	ached r	hubarb, warm		
Golden Granola ^{VG} Golden oats & puffed grains with poached rhubarb, strawberry compote & coconut yoghurt				
Poached Eggs, Sour	-	Toast GFO	\$14.5	
Served with salsa ve Check out our ad		belowl		
House made, served blueberry compote, v	Vaffle W with wa	′G, GF, N arm apple,	\$22 ied	

> Our food menu is 100% vegetarian! VG - Vegan VGO - Vegan Option available GFO - Gluten Free Option available GF - Gluten Free N - contains nuts Please let our friendly team know about any allergies, we will do our best to accommodate

Brunch

Drunch	
Smashed Avo vG, GFO, N Avocado with lime, persian feta, dukkah & salsa verde on multigrain sourdough toast Add-on: cherry tomatoes & grilled mushroom	\$19 s \$8
Our 'Big Brekkie' VG, GF Potato rosti with rosemary salt, grilled mushrooms, avocado, slow-roasted cherry tomatoes, spinach & blackbeans Add-on: poached egg & sourdough toast \$5	\$2
Mushrooms on Toast VG, GFO, N Seared medley of mushrooms, macadamia cream, pickled shallot & watercress, lemon dressing on sourdough toast Add-on: poached egg & potato rosti \$8	\$2
Baked Egg Shakshuka VGO, GFO Baked eggs, red peppers, spiced tomato sugo with fresh herbs, za'atar, labne & sourdough toast Add-on: blackbeans \$3	\$2
Miso-roasted Eggplant VG, GF Miso eggplant with sumac & pomegranate, chargrilled cauliflower, fried butterbeans, pumpkin hummus & green tahini	\$2
Pumpkin Soup VGO, GFO Pumpkin & celeriac soup, served with confit garlic & herb toast	\$1

\$

Bowl of chips VG, GF Rosemary salt, garlic aioli

Food Menu

Kitchen hours: 8:00am-2pm Surcharges: Saturday & Sunday 10%

Check out our cabinets for daily specials & treats!

Bakery Cabinet • A	dd a side of chips \$5
Sausage Roll VG	\$16.5
House-made, served w sauce & rocket	ith relish, tomato
Brekkie Burger VGO	\$13
Egg, 'bacon' & harissa toasted brioche bun A	
Beet Rueben VGO House-smoked beetroo cheese, dill pickle with toasted sourdough	
Caulibaba vg, gfo, N Fried cauliflower, grille tarator with salsa verde ciabatta roll	
Meatball Sub vg 'Meatballs', tomato sug basil pesto	\$14.! 10, mozzarella &
Croissant 'Toastie' vg Grilled medley mushro salsa verde	ψ1-1.5
	For Change Cafe Tackling youth homelessness, together.
	Please share, rate and review



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Drinks Menu

\$5

5 Senses Coffee	
Espresso, Short Mac	\$4.5
Flat White, Latte, Cappuccino, Long Black, Double Espresso, Piccolo, Long Mac, Magic	\$5
Mocha	\$5.5
Extra Shot	+50c
Alt Milk: Oat, Soy, Almond, Lactose Free	+50c
Large	+50c
Hot Chocolate	
Hot Chocolate	\$5
Kids Hot Chocolate	\$4.5
Large	+50c
70% Dark Hot Chocolate	\$6

Prana Chai Chai Latte Dirty Chai Latte Alt milk	\$5.5 \$6 +50c
lced	
Iced Long Black	\$5.5
Iced Latte	\$5.5
Iced Chocolate	\$5.5
Iced Mocha	\$6
Iced Chai	\$5.5
Larsen & Thompson Tea	\$4.5
English Breakfast	
Earl Grey	
Green Tea	
Peppermint	
Lemongrass & Ginger	
Chamomile	

Cold

Karma Juices

- Orange
- Apple

• Apple, guava and passionfruit

- Apple, blackcurrant & raspberry
- Orange, mango and apple

Remedy Range

\$5.5 • Mango Passion Kombucha • Raspberry Lemonade Kombucha • Ginger Lemon Kombucha • Lemon, Lime & Mint Kombucha • Peach Kombucha • Guava Sodaly Raspberry Sodaly • Blood Orange Switchel Sparkling Water \$5 • Mineral Water • Blood orange • Blackcurrant

Karma Cola	\$5
Lemmy Lemonade	\$5
Gingerella Gingerbeer	\$5
Lemon, lime & bitters	\$ 5

