

Breakfast

Sourdough Fruit Toast VGO	\$ 8.50
Served with house preserves (white sourdough/multigrain toast also available)	
Warm Croissant VGO	\$ 8.50
Served with house preserves	
Overnight Oats VG	\$ 16.00
Served with stewed apple, blueberry compote & house-granola	
Poached Eggs GFO	\$ 14.50
Served on sourdough toast with salsa verde <i>Check out our add-ons below!</i>	
Strawberries & Cream Waffle VG, GF, N	\$ 22.00
House-made, served with warm strawberry compote, vanilla cream & candied walnuts	
Add-ons	
Toast (1pc), Aioli, Chilli Oil	\$ 2.00
Poached Egg, Hashbrown, Blackbeans, Spinach	\$ 3.00
Cherry Tomatoes, Grilled Mushroom, Avocado	\$ 4.00
Potato Rosti	\$ 5.00
Tofu (2pc), Falafel (2pc)	\$ 8.00

Brunch

Smashed Avo VG, GFO, N	\$ 19.00
Avocado with lime, persian feta, dukkah & salsa verde on multigrain sourdough toast <i>Add-on: cherry tomatoes & grilled mushrooms \$ 8.00</i>	
Our 'Big Brekkie' VG, GF	\$ 24.00
Potato rosti with rosemary salt, grilled mushroom, avocado, slow-roasted cherry tomatoes, spinach & blackbeans <i>Add-on: poached egg & sourdough toast \$ 5.00</i>	
Spring Tartine VG, GFO, N	\$ 22.00
Medley of spring vegetables, dill, lemon & macadamia cream on sourdough toast <i>Add-on: poached egg & potato rosti \$ 8.00</i>	
Baked Egg Shakshuka VGO, GFO	\$ 24.00
Baked eggs, red peppers, spiced tomato sugo with za'atar, labne & sourdough toast <i>Add-on: blackbeans \$ 5.00</i>	
Crispy Sichuan Tofu VG, N	\$ 21.00
Sichuan fried tofu, buckwheat noodle salad, peanuts, with Korean-chilli & sesame dressing	
Falafel Bowl VG, GF, N	\$ 21.00
House-made falafel, almond tarator with quinoa tabbouleh & lemon vinaigrette	

Easy Eats

<i>Add-on: a side of chips to any of the below \$ 5.00</i>	
Sausage Roll VG	\$ 16.50
House-made, served with relish, tomato sauce & rocket	
Brekkie Burger VGO	\$ 13.00
Egg, 'bacon' & harissa aioli with rocket on toasted brioche bun <i>Add-on: hashbrown \$ 3.00</i>	
Beet Reuben VGO, GFO	\$ 16.50
House-smoked beetroot, sauerkraut, Swiss cheese, dill pickle with Russian dressing on toasted sourdough	
L'Orto VG, GFO, N	\$ 14.50
Grilled eggplant, peppers, giardiniera with macadamia cream, salsa verde & rocket on toasted ciabatta roll	
The Shroom VG, GFO	\$ 14.50
Grilled portobellos, harissa aioli, pickled red onion & rocket on toasted ciabatta roll	
Meatball Sub VG	\$ 14.50
'Meatballs', tomato sugo, mozzarella & basil pesto	
Croissant 'Toastie' VGO	\$ 12.50
Cheese, tomato, basil pesto	
Bowl of Chips VG, GF	\$ 10.00
Rosemary salt, garlic aioli	
Check out our cabinet for daily specials and treats.	



We are a social enterprise. 100% of our profits go towards empowering and supporting young people to take control of their lives. We do this by employing trainees through our Pathways for Change program.

Our menu is 100% vegetarian!

VG = Vegan VGO = Vegan Option
GF = Gluten Free GFO = Gluten Free Option
N = Contains Nuts

Please let our friendly team know about any allergies, we will do our best to accommodate.

Weekend Surcharge: 10%

Coffee

Roasted by 5 Senses Coffee

Espresso, Short Mac	\$ 4.50
Flat White Latte Cappuccino Long Black Double Espresso Piccolo Long Mac Magic	\$ 5.00
Mocha	\$ 5.50

Add-Ons

Alternative Dairy Co. Oat Soy Almond Milk Lactose Free	\$.50
Large	\$.50
Extra Shot	\$.50

Tea

Larsen & Thompson Tea

English Breakfast Earl Grey Green Peppermint Lemongrass & Ginger Chamomile	\$ 4.50
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Iced

Iced Long Black	\$ 5.50
Iced Latte	\$ 5.50
Iced Chocolate	\$ 5.50
Iced Chai	\$ 5.50
Iced Mocha	\$ 6.00
Iced Matcha	\$ 5.50

Other Hot Drinks

Prana Chai Latte	\$ 5.50
Prana Dirty Chai Latte	\$ 6.00
Hot Chocolate	\$ 5.00
70% Dark Hot Chocolate	\$ 6.00
Kids Hot Chocolate	\$ 4.50
Matcha Latte	\$ 5.50

Want to support us? Heres how:

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[We're a registered charity](#)

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Learn More
forchangeeco.com.au

Ask us about our kids menu and drinks.

Cold

Nectar Cold Pressed Orange Juice	\$ 5.50
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Karma Juices \$ 5.00

Apple Apple & Guava Apple & Blackcurrant Orange, Mango & Apple	
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Kombucha \$ 5.50

Mango Passion Raspberry Lemonade Ginger Lemon Lemon, Lime & Mint Peach	
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Sodaly \$ 5.50

Guava Raspberry Passionfruit	
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Sparkling Water \$ 5.00

Blood Orange Blackcurrant Mineral Water	
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Something Fizzy

Karma Cola	\$ 5.00
Lemmy Lemonade	\$ 5.00
Gingerella Gingerbeer	\$ 5.00
Lemon, Lime & Bitters	\$ 5.00

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Did you know we regularly host trainees in our cafe?



Scan to learn more

For every \$50 spent in our cafes, we can provide 1-hour of paid training and employment.