



Kitchen Hours: 8:00am - 2:00pm

@forchangecafes
f For Change Cafes

## **Breakfast**

**Sourdough Fruit Toast** vgo \$8.50 Served with house preserves (white sourdough/multigrain toast also available)

**Warm Croissant** VGO \$8.50 Served with house preserves

**Overnight Oats** VG \$ 16.00 Served with stewed apple, blueberry compote & house-granola

Poached Eggs GFO \$ 14.50 Served on sourdough toast with salsa verde Check out our add-ons below!

# Strawberries & Cream VG, GF, N \$22.00 Waffle

House-made, served with warm strawberry compote, vanilla cream & candied walnuts

#### Add-ons

Add-ons	
Toast (1pc), Aioli, Chilli Oil	\$ 2.00
Poached Egg, Hashbrown, Blackbeans, Spinach	\$ 3.00
Cherry Tomatoes, Grilled Mushroom, Avocado	\$ 4.00
Potato Rosti	\$ 5.00
Tofu (2pc), Falafel (2pc)	\$ 8.00

## **Brunch**

Smashed Avo VG, GFO, N \$ 19.00 Avocado with lime, persian feta, dukkah & salsa verde on multigrain sourdough toast Add-on: cherry tomatoes & grilled mushrooms \$ 8.00 Our 'Big Brekkie' VG, GF \$ 24.00 Potato rosti with rosemary salt, grilled mushroom, avocado, slowroasted cherry tomatoes, spinach & blackbeans Add-on: poached egg & sourdough toast \$ 5.00 Spring Tartine VG, GFO, N \$ 22.00 Medley of spring vegetables, dill, lemon & macadamia cream on sourdough toast Add-on: poached egg & potato rosti \$ 8.00 Baked Egg Shakshuka VGO, GFO \$ 24.00 Baked eggs, red peppers, spiced tomato sugo with za'atar, labne & sourdough toast \$ 5 00 Add-on: blackbeans Crispy Sichuan Tofu VG, N \$ 21.00 Sichuan fried tofu, buckwheat noodle salad, peanuts, with Korean-

chilli & sesame dressing

House-made falafel, almond

tarator with guinoa tabbouleh &

Falafel Bowl VG. GF. N

lemon vinaigrette

# **Easy Eats**

Add-on: a side of chips to any of the below \$5.00

Sausage Roll VG \$16.50

House-made, served with relish, tomato sauce & rocket

**Brekkie Burger** VGO \$ 13.00 Egg, 'bacon' & harissa aioli with rocket on toasted brioche bun Add-on: hashbrown \$ 3.00

**Beet Reuben** VGO, GFO \$ 16.50 House-smoked beetroot, sauerkraut, Swiss cheese, dill pickle with Russian dressing on toasted sourdough

**L'Orto** VG, GFO, N \$ 14.50 Grilled eggplant, peppers, giardiniera with macadamia cream, salsa verde & rocket on toasted ciabatta roll

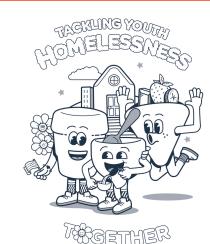
**The Shroom** VG, GFO \$ 14.50 Grilled portobellos, harissa aioli, pickled red onion & rocket on toasted ciabatta roll

**Meatball Sub** VG \$ 14.50 'Meatballs', tomato sugo, mozzarella & basil pesto

**Croissant 'Toastie'** vgo \$ 12.50 Cheese, tomato, basil pesto

**Bowl of Chips** VG, GF \$10.00 Rosemary salt, garlic aioli

Check out our cabinet for daily specials and treats.



We are a social enterprise.
100% of our profits go
towards empowering and
supporting young people to
take control of their lives.
We do this by employing
trainees through our
Pathways for Change
program.

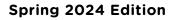
#### Our menu is 100% vegetarian!

VG = Vegan VGO = Vegan Option
GF = Gluten Free GFO = Gluten Free Option
N = Contains Nuts

Please let our friendly team know about any allergies, we will do our best to accommodate.

Weekend Surcharge: 10%

\$ 21.00



\$ 5.50

\$ 5.00

For Change Cafe
Middle Park

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Roasted by 5 Senses Coffee

Espresso, Short Mac	\$ 4.50
Flat White   Latte	\$ 5.00
Cappuccino   Long Black	
Double Espresso   Piccolo	
Long Mac   Magic	
Mocha	\$ 5.50

## **Add-Ons**

Alternative Dairy Co.	\$ .50
Oat   Soy   Almond Milk	
Lactose Free	
Large	\$ .50
Extra Shot	\$ .50

## Tea

Larsen & Thompson Tea

English Breakfast   Earl Grey	\$ 4.50
Green   Peppermint	
Lemongrass & Ginger	
Chamomile	

## **Iced**

Iced Long Black	\$ 5.5C
Iced Latte	\$ 5.5C
Iced Chocolate	\$ 5.50
Iced Chai	\$ 5.5C
Iced Mocha	\$ 6.00
Iced Matcha	\$ 5.50

# Did you know we regularly host trainees in our cafe?



Scan to learn more

For every \$50 spent in our cafes, we can provide 1-hour of paid training and employment.

## **Other Hot Drinks**

\$ 5.50
\$ 6.00
\$ 5.00
\$ 6.00
\$ 4.50
\$ 5.50

#### Want to support us? Heres how:

Share us with your friends & family

Hire Us Catering for Change Crêpes For Change

Donate to Us
We're a registered charity

Visit our Cafes
Bellfield | Brunswick | Middle Park

Learn More forchangeco.com.au

Ask us about our kids menu and drinks.

## Cold

Nectar Cold Pressed
Orange Juice
Karma Juices
Apple
Apple & Guava
Apple & Blackcurrant
Orange, Mango & Apple

Kombucha	\$ 5.50
Mango Passion   Raspberry	
Lemonade   Ginger Lemon	
Lemon, Lime & Mint   Peach	

Sodaly		\$ 5.50
Guava	Raspberry	Passionfruit

Sparkling Water	\$ 5.00
Blood Orange   Blackcurrant	
Mineral Water	

### Something Fizzy

Karma Cola	\$ 5.00
Lemmy Lemonade	\$ 5.00
Gingerella Gingerbeer	\$ 5.00
Lemon, Lime & Bitters	\$ 5.00

Weekend Surcharge: 10%