



We are a social enterprise. 100% of our profits go towards empowering and supporting young people to take control of their lives. We do this by employing trainees through our Pathways for Change program.

Our menu is 100% vegetarian!

VG = Vegan VGO = Vegan Option
GF = Gluten Free GFO = Gluten Free Option
N = Contains Nuts

Please let our friendly team know about any allergies, we will do our best to accommodate.

Weekend Surcharge: 10%

Breakfast

Sourdough Fruit Toast VGO \$ 8.50
2pcs served with house preserves

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(white sourdough/multigrain toast also available)

Overnight Oats VG \$ 16.00
Served with stewed apple, blueberry compote & house-granola

Eggs Your Way GFO \$ 14.50
Served on sourdough toast with relish
Check out our add-ons below!

Strawberries & Cream Waffle VG, GF, N \$ 22.00
House-made, served with warm strawberry compote, vanilla cream & candied walnuts

Add-ons

Toast (1pc), Aioli, Chilli Oil \$ 2.00
Poached Egg, Hashbrown, Blackbeans, Spinach \$ 3.00
Cherry Tomatoes, Grilled Mushroom, Avocado \$ 4.00
Potato Rosti, Feta, Halloumi \$ 5.00
Falafel (2pc) \$ 8.00

Check out our cabinet for daily specials and treats.

Brunch

Smashed Avo VG, GFO, N \$ 19.00
Avocado with lime, persian feta, dukkah & salsa verde on multigrain sourdough toast
Add-on: cherry tomatoes & poached egg \$ 7.00

Our 'Big Brekkie' VG, GF \$ 24.00
Potato rosti with rosemary salt, grilled mushroom, avocado, slow-roasted cherry tomatoes, spinach & blackbeans
Add-on: poached egg & sourdough toast \$ 5.00

Heirloom Tomato Tartine VGO, GFO, N \$ 22.00
Marinated heirloom tomatoes, fior di latte & macadamia cream with basil, shiso on sourdough toast
Add-on: poached egg & potato rosti \$ 8.00

Turkish Eggs GFO \$ 22.00
Poached eggs, garlic labneh & aleppo chilli butter with dill, coriander & za'atar grilled bread
Add-on: blackbeans \$ 3.00

Jalapeño Breakfast Hash GF \$ 22.00
Chilli fried egg, twice-cooked smoky potatoes & roasted jalapeño crema with feta, grilled corn & coriander salsa
Add-on: avocado \$ 4.00

Falafel Bowl VG, GF, N \$ 21.00
House-made falafel, almond tarator with quinoa tabbouleh & lemon vinaigrette

Easy Eats

Add-on: a side of chips to any of the below \$ 5.00

Chilli Scramble Roll \$ 15.50
Chilli egg scramble, hashbrown, feta, relish & aioli with rocket on a toasted bun

Halloumi Toastie GFO \$ 15.50
Grilled halloumi, spicy aioli, avo, tomato & spinach

L'Orto VG, GFO, N \$ 14.50
Grilled eggplant, peppers, giardiniera with macadamia cream, salsa verde & rocket on a toasted ciabatta roll

Beet Reuben VG, GFO, \$ 16.50
House-smoked beetroot, sauerkraut, Swiss cheese, dill pickle with Russian dressing on toasted sourdough

Chick'n Schnitzel Roll VGO \$ 14.50
Chick'n schnitzel, cheese, slaw with garlic aioli & rocket on a toasted ciabatta roll

KF Cauliflower Bites VG, GF, N \$ 12.00
Garlic aioli, dill, pickles & pickled onion

Bowl of Chips VG, GF \$ 8.50
Rosemary salt, garlic aioli

Coffee

Roasted by 5 Senses Coffee

Espresso, Short Mac	\$ 4.50
Flat White Latte Cappuccino Long Black Double Espresso Piccolo Long Mac Magic Mocha	\$ 5.00

Add-Ons

Alternative Dairy Co. Oat Soy Almond Milk Lactose Free	\$.50
Large	\$.50
Extra Shot	\$.50

Tea

Chamellia Tea

English Breakfast Earl Grey Green Peppermint Lemongrass & Ginger	\$ 4.50
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Iced

Iced Long Black	\$ 5.00
Iced Latte	\$ 5.50
Iced Chocolate	\$ 5.50
Iced Chai	\$ 5.50
Iced Mocha	\$ 5.50
Iced Matcha	\$ 5.50

Other Hot Drinks

Prana Chai Latte	\$ 5.00
Dirty Chai Latte	\$ 5.50
Hot Chocolate	\$ 5.00
Kids Hot Chocolate	\$ 4.50
Matcha Latte	\$ 5.00

Want to support us? Heres how:

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[Catering for Change](#)
[Crêpes For Change](#)

Donate to Us
[We're a registered charity](#)

Visit our Cafes
[Bellfield](#) | [Brunswick](#) | [Middle Park](#)

Learn More
forchangeco.com.au

Ask us about our kids menu and drinks.

Smoothies

Banana Banana, cacao, oats, honey, & milk	\$ 9.00
Mixed Berry Mixed berries, banana, chai seeds, maple syrup & milk	\$ 9.00
Green Mango Mango, spinach, spirulina, lemon & coconut water	\$ 9.00
Peanut Butter Protein Peanut butter, vanilla protein powder, honey, oats, banana & milk	\$ 9.00
Add-on: alt milk, espresso	\$ 0.50
peanut butter, protein powder	\$ 1.00

Cold Drinks

Juices, soda and sparkling water available. Just ask our friendly team.

Weekend Surcharge: 10%

Did you know we regularly host trainees in our cafe?



Scan to learn more

For every \$50 spent in our cafes, we can provide 1-hour of paid training and employment.