



We are a social enterprise.  
100% of our profits go  
towards empowering and  
supporting young people to  
take control of their lives.  
We do this by employing  
trainees through our  
Pathways for Change  
program.

**Our menu is 100% vegetarian!**

VG = Vegan                      VGO = Vegan Option  
GF = Gluten Free              GFO = Gluten Free Option  
N = Contains Nuts

Please let our friendly team know about any allergies, we will do our best to accommodate.

Weekend Surcharge: 10%

**Breakfast**

**Sourdough Fruit Toast** VGO \$ 8.50  
2pcs served with house preserves

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2pcs served with house preserves  
(white sourdough/multigrain toast  
also available)

**Overnight Oats** VG \$ 16.00  
Served with stewed apple,  
blueberry compote & house-granola

**Eggs Your Way** GFO \$ 14.50  
Served on sourdough toast  
with relish  
*Check out our add-ons below!*

**Strawberries & Cream Waffle** VG, GF, N \$ 22.00  
House-made, served with warm  
strawberry compote, vanilla cream  
& candied walnuts

**Add-ons**

Toast (1pc), Aioli, Chilli Oil \$ 2.00  
Poached Egg, Hashbrown, \$ 3.00  
Blackbeans, Spinach  
Cherry Tomatoes, Grilled \$ 4.00  
Mushroom, Avocado  
Potato Rosti, Feta, Halloumi \$ 5.00  
Falafel (2pc) \$ 8.00

**Check out our cabinet for daily specials and treats.**

**Brunch**

**Smashed Avo** VG, GFO, N \$ 19.00  
Avocado with lime, persian feta,  
d dukkah & salsa verde on multigrain  
sourdough toast  
*Add-on: cherry tomatoes & poached egg \$ 7.00*

**Our 'Big Brekkie'** VG, GF \$ 24.00  
Potato rosti with rosemary salt,  
grilled mushroom, avocado, slow-  
roasted cherry tomatoes, spinach &  
blackbeans  
*Add-on: poached egg & sourdough toast \$ 5.00*

**Heirloom Tomato Tartine** VGO, GFO, N \$ 22.00  
Marinated heirloom tomatoes, fior di  
latte & macadamia cream with basil,  
shiso on sourdough toast  
*Add-on: poached egg & potato rosti \$ 8.00*

**Turkish Eggs** GFO \$ 22.00  
Poached eggs, garlic labneh &  
aleppo chilli butter with dill,  
coriander & za'atar grilled bread  
*Add-on: blackbeans \$ 3.00*

**Jalapeño Breakfast Hash** GF \$ 22.00  
Chilli fried egg, twice-cooked smoky  
potatoes & roasted jalapeño crema  
with feta, grilled corn & coriander salsa  
*Add-on: avocado \$ 4.00*

**Falafel Bowl** VG, GF, N \$ 21.00  
House-made falafel, almond  
tarator with quinoa tabbouleh &  
lemon vinaigrette

**Easy Eats**

*Add-on: a side of chips to any of the below \$ 5.00*

**Chilli Scramble Roll** \$ 15.50  
Chilli egg scramble, hashbrown, feta,  
relish & aioli with rocket on a  
toasted bun

**Halloumi Toastie** GFO \$ 15.50  
Grilled halloumi, spicy aioli, avo,  
tomato & spinach

**L'Orto** VG, GFO, N \$ 14.50  
Grilled eggplant, peppers, giardiniera  
with macadamia cream, salsa verde &  
rocket on a toasted ciabatta roll

**Beet Reuben** VG, GFO, \$ 16.50  
House-smoked beetroot, sauerkraut,  
Swiss cheese, dill pickle with Russian  
dressing on toasted sourdough

**Chick'n Schnitzel Roll** VGO \$ 14.50  
Chick'n schnitzel, cheese, slaw with  
garlic aioli & rocket on a toasted  
ciabatta roll

**KF Cauliflower Bites** VG, GF, N \$ 12.00  
Garlic aioli, dill, pickles & pickled  
onion

**Bowl of Chips** VG, GF \$ 8.50  
Rosemary salt, garlic aioli

## Coffee

Roasted by 5 Senses Coffee

Espresso, Short Mac	\$ 5.00
Flat White   Latte   Cappuccino   Long Black   Double Espresso   Piccolo   Long Mac   Magic   Mocha	\$ 5.50

## Add-Ons

Alternative Dairy Co. Oat   Soy   Almond Milk   Lactose Free	\$ .50
Large	\$ .50
Extra Shot	\$ .50

## Tea

Chamellia Tea

English Breakfast   Earl Grey   Green   Peppermint   Lemongrass & Ginger	\$ 4.50
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## Iced

Iced Long Black	\$ 5.50
Iced Latte	\$ 6.00
Iced Chocolate	\$ 6.00
Iced Chai	\$ 6.00
Iced Mocha	\$ 6.00
Iced Matcha	\$ 6.00

## Other Hot Drinks

Prana Chai Latte	\$ 5.00
Dirty Chai Latte	\$ 5.50
Hot Chocolate	\$ 5.00
Matcha Latte	\$ 5.00

### Want to support us? Heres how:

Share us with your friends & family

Hire Us  
Catering for Change  
Crêpes For Change

Donate to Us  
We're a registered charity

Visit our Cafes  
Bellfield | Brunswick | Middle Park

Learn More  
[forchangeco.com.au](http://forchangeco.com.au)

**Ask us about our kids menu and drinks.**

## Smoothies

<b>Peanut Butter Protein</b>	\$ 11.00
Peanut butter, vanilla protein powder, honey, oats, banana & milk	
<b>Mixed Berry</b>	\$ 11.00
Mixed berries, banana, chai seeds, maple syrup & milk	
<b>Green Mango</b>	\$ 11.00
Mango, spinach, spirulina, lemon & coconut water	
<b>Banana</b>	\$ 11.00
Banana, cacao, oats, honey, & milk	
Add-on: alt milk, espresso	\$ 0.50
peanut butter, protein powder	\$ 1.00

## Cold Drinks

**Juices, and soda available. Just ask our friendly team.**

Weekend Surcharge: 10%

**Did you know we regularly host trainees in our cafe?**



Scan to learn more

**For every \$50 spent in our cafes, we can provide 1-hour of paid training and employment.**