



We are a social enterprise. 100% of our profits go towards empowering and supporting young people to take control of their lives. We do this by employing trainees through our Pathways for Change program.

Our menu is 100% vegetarian!

VG = Vegan VGO = Vegan Option
GF = Gluten Free GFO = Gluten Free Option
N = Contains Nuts

Please let our friendly team know about any allergies, we will do our best to accommodate.

Weekend Surcharge: 10%

Breakfast

Sourdough Fruit Toast VGO \$ 8.50
Served with house preserves (white sourdough/multigrain toast also available)

Warm Croissant VGO \$ 8.50
Served with house preserves

Overnight Oats VG \$ 16.00
Served with stewed apple, blueberry compote & house-granola

Poached Eggs GFO \$ 14.50
Served on sourdough toast with salsa verde
Check out our add-ons below!

Strawberries & Cream Waffle VG, GF, N \$ 22.00
House-made, served with warm strawberry compote, vanilla cream & candied walnuts

Add-ons

Toast (1pc), Aioli, Chilli Oil \$ 2.00
Poached Egg, Hashbrown, Blackbeans, Spinach \$ 3.00
Cherry Tomatoes, Grilled Mushroom, Avocado \$ 4.00
Potato Rosti \$ 5.00
Tofu (4pc), Falafel (2pc) \$ 8.00

Check out our cabinet for daily specials and treats.

Brunch

Smashed Avo VG, GFO, N \$ 19.00
Avocado with lime, persian feta, dukkah & salsa verde on multigrain sourdough toast
Add-on: cherry tomatoes & poached egg \$ 7.00

Our 'Big Brekkie' VG, GF \$ 24.00
Potato rosti with rosemary salt, grilled mushroom, avocado, slow-roasted cherry tomatoes, spinach & blackbeans
Add-on: poached egg & sourdough toast \$ 5.00

Heirloom Tomato Tartine VGO, GFO, N \$ 22.00
Marinated heirloom tomatoes, fior di latte & macadamia cream with basil, shiso on sourdough toast
Add-on: poached egg & potato rosti \$ 8.00

Turkish Eggs GFO \$ 24.00
Poached eggs, garlic labneh & aleppo chilli butter with dill, coriander & za'atar grilled bread
Add-on: blackbeans \$ 3.00

Crispy Sichuan Tofu VG, N \$ 21.00
Sichuan fried tofu, buckwheat noodle salad, peanuts, with Korean-chilli & sesame dressing

Falafel Bowl VG, GF, N \$ 21.00
House-made falafel, almond tarator with quinoa tabbouleh & lemon vinaigrette

Easy Eats

Add-on: a side of chips to any of the below \$ 5.00

Sausage Roll VG \$ 16.50
House-made, served with relish, tomato sauce & rocket

Brekkie Burger VGO \$ 13.00
Egg, 'bacon' & harissa aioli with rocket on toasted brioche bun
Add-on: hashbrown \$ 3.00

Beet Reuben VGO, GFO \$ 16.50
House-smoked beetroot, sauerkraut, Swiss cheese, dill pickle with Russian dressing on toasted sourdough

L'Orto VG, GFO, N \$ 14.50
Grilled eggplant, peppers, giardiniera with macadamia cream, salsa verde & rocket on toasted ciabatta roll

The Shroom VG, GFO \$ 14.50
Grilled portobellos, harissa aioli, pickled red onion & rocket on toasted ciabatta roll

Meatball Sub VG \$ 14.50
'Meatballs', tomato sugo, mozzarella & basil pesto

Croissant 'Toastie' VGO \$ 12.50
Cheese, tomato, basil pesto

Bowl of Chips VG, GF \$ 8.50
Rosemary salt, garlic aioli

Coffee

Roasted by 5 Senses Coffee

Espresso, Short Mac	\$ 5.00
Flat White Latte	\$ 5.50
Cappuccino Long Black	
Double Espresso Piccolo	
Long Mac Magic	
Mocha	\$ 6.00

Add-Ons

Alternative Dairy Co.	\$.50
Oat Soy Almond Milk	
Lactose Free	
Large	\$.50
Extra Shot	\$.50

Tea

Chamellia Tea

English Breakfast Earl Grey	\$ 4.50
Green Peppermint	
Lemongrass & Ginger	
Chamomile	

Iced

Iced Long Black	\$ 5.50
Iced Latte	\$ 6.00
Iced Chocolate	\$ 6.00
Iced Chai	\$ 6.00
Iced Mocha	\$ 6.00
Iced Matcha	\$ 6.00

Other Hot Drinks

Prana Chai Latte	\$ 5.50
Dirty Chai Latte	\$ 6.00
Hot Chocolate	\$ 5.50
70% Dark Hot Chocolate	\$ 6.00
Kids Hot Chocolate	\$ 5
Matcha Latte	\$ 5.50

Want to support us? Heres how:

Share us with your friends & family

Hire Us
Catering for Change
Crêpes For Change

Donate to Us
We're a registered charity

Visit our Cafes
Bellfield | Brunswick | Middle Park

Learn More
forchangeco.com.au

Ask us about our kids menu and drinks.

Cold

Nectar Cold Pressed	\$ 5.50
Orange Juice	

Karma Juices \$ 5.00

Apple	
Apple & Guava	
Apple & Blackcurrant	
Orange, Mango & Apple	

Kombucha \$ 5.50

Mango Passion Raspberry	
Lemonade Ginger Lemon	
Lemon, Lime & Mint Peach	

Sodaly \$ 5.50

Guava Raspberry Passionfruit	
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Sparkling Water \$ 5.00

Blood Orange Blackcurrant	
Mineral Water	

Something Fizzy

Karma Cola	\$ 5.00
Lemmy Lemonade	\$ 5.00
Gingerella Gingerbeer	\$ 5.00
Lemon, Lime & Bitters	\$ 5.00

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Did you know we regularly host trainees in our cafe?



Scan to learn more

For every \$50 spent in our cafes, we can provide 1-hour of paid training and employment.