#### **Autumn 2025 Edition**



Kitchen Hours: 8:00am - 2:30pm

@forchange.cafes
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## **Breakfast**

also available)

**Sourdough Fruit Toast** VGO 2pcs served with house preserves **Sourdough Toast** VGO 8.5

2pcs served with house preserves
(white sourdough/multigrain toast

**Eggs Your Way** GFO 14.5 Served on sourdough toast with relish

Strawberries Matcha Waffle
VGO, GF, N

House-made, served with whipped
ricotta, strawberry compote,
matcha cremeux & candied walnuts

#### Add-ons

Toast (1pc), Aioli, Chilli Oil 2
Poached Egg, Hashbrown, 3
Blackbeans, Spinach
Cherry Tomatoes, Grilled 4
Mushroom, Avocado
Potato Rosti, Feta, Halloumi 5

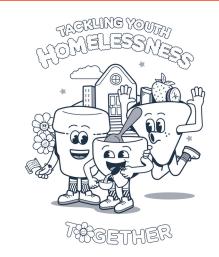
Check out our cabinet for daily specials and treats.

# **Brunch**

Smashed Avo VG, GFO, N 19 Avocado with lime, persian feta, dukkah & salsa verde on multigrain sourdough toast Add-on: cherry tomatoes & poached egg Our 'Big Brekkie' VG, GF 24 Potato rosti with rosemary salt, grilled mushroom, avocado, slowroasted cherry tomatoes, spinach & blackbeans Add-on: poached egg & sourdough toast Turkish Eggs GFO 23 Poached eggs, garlic labneh & aleppo chilli butter with dill, coriander & za'atar grilled bread Sweet Corn & Jalapeño 24 Fritters VG, GF, N Black rice & chargrilled broccolini salad, sugar snap peas, red radish & miso-ginger dressing Add-on: avocado Crispy Sichuan Tofu VG, N Sichuan fried tofu, buckwheat noodle salad, peanuts, with Korean-chilli & sesame dressing Housemade Pan Fried Gnocchi Served with a rich chilli & garlic tomato sugo, whipped ricotta and topped with

a lemon & herb pangrattato

Easy Eats	
Add-on: a side of chips to any of the below	5
Sausage Roll VG	16.5
House-made, served with relish, tomato sauce & rocket	
Brekkie Burger GFO	13
Egg, 'bacon' & harissa aioli with rocket on toasted brioche bun	
Add-on: crispy hash brown	3
<b>Halloumi Toastie</b> GFO Grilled halloumi, spicy aioli, avo, tomato & spinach	15.5
L'Orto VG, GFO, N,	15.5
Grilled eggplant, peppers, giardini with macadamia cream, salsa vero rocket on toasted ciabatta roll	
Beet Reuben VGO, GFO	16.5
House-smoked beetroot, sauerkra Swiss cheese, dill pickle with Russ dressing on toasted sourdough	,
'Meatball' Sub VG	15.5
'Meatballs', tomato sugo, mozzare & basil pesto	ella
Croissant Toastie GFO	12.5
Cheese, tomato, basil pesto	
<b>KF Cauliflower Bites</b> VG, GF, N Garlic aioli, dill, pickles & pickled onion	13
<b>Bowl of Chips</b> VG, GF Rosemary salt, garlic aioli	10



We are a social enterprise.

100% of our profits go
towards empowering and
supporting young people to
take control of their lives.
We do this by employing
trainees through our
Pathways for Change
program.

#### Our menu is 100% vegetarian!

VG = Vegan VGO = Vegan Option
GF = Gluten Free GFO = Gluten Free Option
N = Contains Nuts

Please let our friendly team know about any allergies, we will do our best to accommodate.

Weekend Surcharge: 10%

#### **Autumn 2025 Edition**

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## Coffee

Roasted by 5 Senses Coffee

Espresso, Short Mac 5
Flat White | Latte | 5.5
Cappuccino | Long Black |
Double Espresso | Piccolo |
Long Mac | Magic | Mocha

## Add-Ons

Alternative Dairy Co. .5
Oat | Soy | Almond Milk |
Lactose Free
Large .5
Extra Shot .5

### Tea

Chamellia Tea

English Breakfast | Earl Grey | 4.5 Green | Peppermint | Lemongrass & Ginger

### **Iced**

Iced Long Black	5.5
Iced Latte	6
Iced Chocolate	6
Iced Chai	6
Iced Mocha	6
Iced Matcha	6

Did you know we regularly host trainees in our cafe?



Scan to learn more

For every \$50 spent in our cafes, we can provide 1-hour of paid training and employment.

### **Other Hot Drinks**

Prana Chai Latte	6
Dirty Chai Latte	5.5
Hot Chocolate	5
Matcha Latte	5

#### Want to support us? Heres how:

Share us with your friends & family

Hire Us Catering for Change Crêpes For Change

Donate to Us
We're a registered charity

Visit our Cafes Bellfield | Brunswick | Middle Park

Learn More forchangeco.com.au

Ask us about our kids menu and drinks.

## **Smoothies**

Peanut Butter Protein
Peanut butter, vanilla protein
powder, honey, oats, banana & milk
Mixed Berry

Mixed berries, banana, chia seeds, maple syrup & milk

Green Mango
Mango, spinach, spirulina,
lemon & coconut water

**Banana**Banana, cacao, oats, honey,
& milk

Add-on: alt milk, espresso .5 peanut butter, protein powder

### **Cold Drinks**

Juices, and soda available. Just ask our friendly team.

Weekend Surcharge: 10%