

## Breakfast

**Sourdough Fruit Toast** VGO 8  
2pcs served with house preserves

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(white sourdough/multigrain toast also available)

**Eggs Your Way** GFO 14.5  
Served on sourdough toast with relish  
*Check out our add-ons below!*

**Strawberries Matcha Waffle** 22  
VGO, GF, N  
House-made, served with whipped ricotta, strawberry compote, matcha cremeux & candied walnuts

## Add-ons

Toast (1pc), Aioli, Chilli Oil 2

Poached Egg, Hashbrown, Blackbeans, Spinach 3

Cherry Tomatoes, Grilled Mushroom, Avocado 4

Potato Rosti, Feta, Halloumi 5

**Check out our cabinet for daily specials and treats.**

## Brunch

**Smashed Avo** VG, GFO, N 19  
Avocado with lime, persian feta, dukkah & salsa verde on multigrain sourdough toast

*Add-on: cherry tomatoes & poached egg* 7

**Our 'Big Brekkie'** VG, GF 24  
Potato rosti with rosemary salt, grilled mushroom, avocado, slow-roasted cherry tomatoes, spinach & blackbeans

*Add-on: poached egg & sourdough toast* 5

**Turkish Eggs** GFO 23  
Poached eggs, garlic labneh & aleppo chilli butter with dill, coriander & za'atar grilled bread

*Add-on: blackbeans* 3

**Sweet Corn & Jalapeño Fritters** VG, GF, N 24  
Black rice & chargrilled broccolini salad, sugar snap peas, red radish & miso-ginger dressing

*Add-on: avocado* 4

**Crispy Sichuan Tofu** VG, N 21  
Sichuan fried tofu, buckwheat noodle salad, peanuts, with Korean-chilli & sesame dressing

**Housemade Pan Fried Gnocchi** 25  
Served with a rich chilli & garlic tomato sugo, whipped ricotta and topped with a lemon & herb pangrattato

## Easy Eats

*Add-on: a side of chips to any of the below* 5

**Sausage Roll** VG 16.5  
House-made, served with relish, tomato sauce & rocket

**Brekkie Burger** GFO 13  
Egg, 'bacon' & harissa aioli with rocket on toasted brioche bun

*Add-on: crispy hash brown* 3

**Halloumi Toastie** GFO 15.5  
Grilled halloumi, spicy aioli, avo, tomato & spinach

**L'Orto** VG, GFO, N, 15.5  
Grilled eggplant, peppers, giardiniera with macadamia cream, salsa verde & rocket on toasted ciabatta roll

**Beet Reuben** VGO, GFO 16.5  
House-smoked beetroot, sauerkraut, Swiss cheese, dill pickle with Russian dressing on toasted sourdough

**'Meatball' Sub** VG 15.5  
'Meatballs', tomato sugo, mozzarella & basil pesto

**Croissant Toastie** GFO 12.5  
Cheese, tomato, basil pesto

**KF Cauliflower Bites** VG, GF, N 13  
Garlic aioli, dill, pickles & pickled onion

**Bowl of Chips** VG, GF 10  
Rosemary salt, garlic aioli



We are a social enterprise. 100% of our profits go towards empowering and supporting young people to take control of their lives. We do this by employing trainees through our Pathways for Change program.

**Our menu is 100% vegetarian!**

VG = Vegan      VGO = Vegan Option  
GF = Gluten Free      GFO = Gluten Free Option  
N = Contains Nuts

Please let our friendly team know about any allergies, we will do our best to accommodate.

Weekend Surcharge: 10%

## Coffee

Roasted by 5 Senses Coffee

Espresso, Short Mac	5
Flat White   Latte   Cappuccino   Long Black   Double Espresso   Piccolo   Long Mac   Magic   Mocha	5.5

## Add-Ons

Alternative Dairy Co. Oat   Soy   Almond Milk   Lactose Free	.5
Large	.5
Extra Shot	.5

## Tea

Chamellia Tea

English Breakfast   Earl Grey   Green   Peppermint   Lemongrass & Ginger	4.5
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## Iced

Iced Long Black	5.5
Iced Latte	6
Iced Chocolate	6
Iced Chai	6
Iced Mocha	6
Iced Matcha	6

## Other Hot Drinks

Prana Chai Latte	6
Dirty Chai Latte	5.5
Hot Chocolate	5
Matcha Latte	5

### Want to support us? Heres how:

Share us with your friends & family

Hire Us  
Catering for Change  
Crêpes For Change

Donate to Us  
We're a registered charity

Visit our Cafes  
Bellfield | Brunswick | Middle Park

Learn More  
[forchangeco.com.au](http://forchangeco.com.au)

**Ask us about our kids menu and drinks.**

## Smoothies

<b>Peanut Butter Protein</b> Peanut butter, vanilla protein powder, honey, oats, banana & milk	11
<b>Mixed Berry</b> Mixed berries, banana, chia seeds, maple syrup & milk	11
<b>Green Mango</b> Mango, spinach, spirulina, lemon & coconut water	11
<b>Banana</b> Banana, cacao, oats, honey, & milk	11
Add-on: alt milk, espresso peanut butter, protein powder	.50 1

## Cold Drinks

**Juices, and soda available. Just ask our friendly team.**

Weekend Surcharge: 10%

**Did you know we regularly host trainees in our cafe?**



Scan to learn more

**For every \$50 spent in our cafes, we can provide 1-hour of paid training and employment.**