

## Breakfast

**Sourdough Fruit Toast** VGO 8.50

Served with house preserves  
(white sourdough/multigrain  
toast also available)

**Warm Croissant** VGO 8.50

Served with house preserves

**Overnight Oats** VG 16.00

Served with stewed apple,  
blueberry compote & house-granola

**Poached Eggs** GFO 14.50

Served on sourdough toast  
with salsa verde

*Check out our add-ons below!*

**Strawberries & Cream Waffle** GF, N 22.00

House-made, served with warm  
strawberry compote, vanilla cream  
& candied walnuts

## Add-ons

Toast (1pc), Aioli, Chilli Oil 2.00

Poached Egg, Hashbrown,  
Blackbeans 3.50

Cherry Tomatoes, Spinach 4.00

Potato Rosti, Grilled  
Mushrooms, Avocado 5.00

**Check out our cabinet for daily  
specials and treats.**

## Brunch

**Smashed Avo** VG, GFO, N 19.00

Avocado with lime, persian feta,  
dukkah & salsa verde on multigrain  
sourdough toast

*Add-on: cherry tomatoes & poached egg 7.50*

**Our 'Big Brekkie'** VG, GF 24.00

Potato rosti with rosemary salt,  
grilled mushroom, avocado, slow-  
roasted cherry tomatoes, spinach &  
blackbeans

*Add-on: poached egg & sourdough toast 5.50*

**Grilled Mushroom Tartine** VG, GFO, N 22.00

Seared medley of mushrooms,  
macadamia cream, pickled shallot &  
watercress, lemon dressing on  
sourdough toast

*Add-on: poached egg & potato rosti 8.50*

**Turkish Eggs** GFO 24.00

Poached eggs, garlic labneh &  
aleppo chilli butter with dill,  
coriander & za'atar grilled bread

**Crispy Sichuan Tofu** VG, N 21.00

Sichuan fried tofu, buckwheat  
noodle salad, peanuts, with Korean-  
chilli & sesame dressing

**Sweet Corn & Jalapeno Fritters** VG, GF, N 24.00

Black rice & chargrilled broccolini  
salad, sugar snap peas, red radish  
& miso-ginger dressing

*Add-on: poached egg 3.50*

## Easy Eats

*Add-on: a side of chips to any of the below 5.00*

**Sausage Roll** VG 16.50

House-made, served with relish,  
tomato sauce & rocket

**Brekkie Burger** VGO 13.00

Egg, 'bacon' & harissa aioli with  
rocket on toasted brioche bun

*Add-on: hashbrown 3.00*

**Beet Reuben** VGO, GFO 16.50

House-smoked beetroot, sauerkraut,  
Swiss cheese, dill pickle with Russian  
dressing on toasted sourdough

**L'Orto** VG, GFO, N 14.50

Grilled eggplant, peppers, giardiniera  
with macadamia cream, salsa verde &  
rocket on toasted ciabatta roll

**The Shroom** VG, GFO 14.50

Grilled portobellos, harissa aioli,  
pickled red onion & rocket on  
toasted ciabatta roll

**Meatball Sub** VG 14.50

'Meatballs', tomato sugo,  
mozzarella & basil pesto

**Croissant 'Toastie'** VGO 12.50

Cheese, tomato, basil pesto

**Bowl of Chips** VG, GF 10.00

Rosemary salt, garlic aioli



We are a social enterprise.  
100% of our profits go  
towards empowering and  
supporting young people to  
take control of their lives.  
We do this by employing  
trainees through our  
Pathways for Change  
program.

**Our menu is 100% vegetarian!**

VG = Vegan      VGO = Vegan Option  
GF = Gluten Free      GFO = Gluten Free Option  
N = Contains Nuts

Please let our friendly team know about any  
allergies, we will do our best to accommodate.

Weekend Surcharge: 10%

## Coffee

Roasted by 5 Senses Coffee

Double Espresso, Short Mac	5.00
Flat White   Latte   Cappuccino   Long Black   Double Espresso   Piccolo   Long Mac   Magic   Mocha	5.50

## Add-Ons

Alternative Dairy Co. Oat   Soy   Almond Milk   Lactose Free	.50
Large Extra Shot	.50

## Tea

Chamellia Tea

English Breakfast   Earl Grey   Green   Peppermint   Lemongrass & Ginger   Chamomile	4.50
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## Iced

Iced Long Black	6.00
Iced Latte	6.00
Iced Chocolate	6.00
Iced Chai	6.00
Iced Mocha	6.00
Iced Matcha	6.00

## Other Hot Drinks

Prana Chai Latte	5.50
Dirty Chai Latte	6.00
Hot Chocolate	5.50
Kids Hot Chocolate	5.00
Matcha Latte	5.50

### Want to support us? Heres how:

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Hire Us  
Catering for Change  
Crêpes For Change

Donate to Us  
We're a registered charity

Visit our Cafes  
Bellfield | Brunswick | Middle Park

Learn More  
[forchange.co.au](http://forchange.co.au)

**Ask us about our kids menu and drinks.**

## Cold

Nectar Cold Pressed Orange Juice	5.50
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### Karma Juices 5.00

Apple   Apple & Guava   Apple & Blackcurrant   Orange, Mango & Apple	
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### Kombucha 5.50

Mango Passion   Raspberry Lemonade   Ginger Lemon   Lemon, Lime & Mint   Peach	
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### Sodaly 5.50

Guava   Raspberry   Passionfruit	
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### Sparkling Water 5.00

Blackcurrant   Mineral Water	
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### Something Fizzy

Karma Cola	5.00
Lemmy Lemonade	5.00
Gingerella Gingerbeer	5.00
Lemon, Lime & Bitters	5.00

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**Did you know we regularly host trainees in our cafe?**



Scan to learn more

**For every \$50 spent in our cafes, we can provide 1-hour of paid training and employment.**